Classical and hidden faces of the greater omentum in daily abdominal CT scan

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Objectives

- To understand the dynamics anatomical aspects of the greater omentum (GO), especially its mobility in the abdomen and the chest

- To learn more about the peritoneal diseases affecting the GO, especially how to differentiate the inflammatory greater omentum from the tumoral “omental cake” in peritoneal carcinomatosis and malignant mesothelioma

- To be familiar with specific diseases of GO, especially "parasitic" benign or malignant and avoid diagnostic mistakes with there sometimes serious consequences.

- To remind semiological features of GO infarction.
1. Static and dynamic anatomy of the greater omentum

The greater omentum (GO) is, in our anatomical perception, arranged as an apron between the deep surface of the anterior abdominal wall and the mass of intestinal loops and their mesentery, hung on the transverse colon (red arrow).

Embryologically, it is formed by the juxtaposition of primitive peritoneal layers coming from the stomach and the transverse colon. Thus, it is in continuity with the gastrocolic ligament and contribute by its upper edge to the constitution of the lower wall of the lesser sac.
B Coulier et al studied the length and the position of the right and left parts of the omental apron, based on the identification of omental vessels on "high resolution" CT and especially the veins that descend vertically into the GO from the greater curvature of the stomach.

A measure of the maximum thickness of the subcutaneous fat was performed in each patient in front of the rectus abdominis muscle at the level of the umbilicus.

A thorough statistical analysis of data collected in "normal" patients (no clinical history changing peritoneal images) and of image quality was performed.

3D volumetric representations were made on selected cases to illustrate pedagogical aspects.

Example of GO expanded, symmetrical, with excellent visibility of the vascular arcade of Haller and Barkow (arrow)
Example of short and thick GO

Example of GO in the subphrenic and prehepatic space

example of GO preferentially developed in the right side of the abdomen

COULIER B. 64-row MDCT review of anatomic features and variations of the normal greater omentum
Surg Radiol Anat 2009;31:489-500
Main results of Coulier's study:

- GO was identified and measured in all patients

- In women, the left hemi-omentum was longer than the right one, and longer than left hemi-omentum of men

- Regarding males, there was no difference between the length of right and left hemi-GO, and no difference between men and women’s right hemi-GO

- GO length was significantly higher in women than in men

- The GO thickness in men was related to the subcutaneous thickness. Regarding the women, there was a predominance of the subcutaneous fat compared to the peritoneal fat

- Subphrenic GO is mainly encountered in men (32% for men vs 2% for women). This “curtain” of fat could explain the difficulties of the liver ultrasound in men
Where is the GO?

The edematous GO is drawn into an indirect inguinal hernia.
Where is the GO

GO ascended into a Morgagni’s hernia.
Where is the GO

The GO is in the supramesocolic space, « floating » in the ascitic fluid
Roles of the GO as a part of the peritoneum:

- **support and protection**
- **peritoneal fluid secretion**
- **exchanges** of water and ions with blood; colloids and particles with lymphatic vessels. Secretion and excretion concern protein fractions of the plasma (especially fibrin and mucin) and cells.

Specific properties:

- **increase in volume** (especially if inflammation)
- **regeneration** (discussed)
- **mobility** through the action of the diaphragm, the abdominal wall, bowel or changes in intraperitoneal pressure
- **adherence capacity**, quick and accurate, a true chemotaxis, allowing GO to turn up to plug a perforated ulcer, an acute cholecystitis, or an anastomotic leak
- **defense by secretion of proteolytic enzymes**
- **cellular defense by** warning an adaptative vascularization
- **defense by antibody’s synthesis**

2. Physiological and pathophysiological roles of the greater omentum [2]

Acute cholecystis with GO’s plastron in the subhepatic space
3. Imaging analysis: inflammatory vs tumoral greater omentum

- "'omental cake'" is frequently used in radiological reports, but the definition should be clarified.

**Tumoral "'omental cake'":**
- Density of tissue
- Retractile (fibrous)
- Progressive enhancement
- With peritoneal nodules on the parietal layer (pelvis, paracolic gutter, subhepatic, right side of the diaphragm), the mesentery, easier to see in presence of ascitic fluid.
- In absence of fluid, PET CT might be useful to detect small nodules.
Inflammatory GO should not be called « omental cake »

"inflammatory" greater omentum:
- large and diffuse thickening
- heterogeneous enhancement related to fatty areas with variable inflammatory changes (edema, granulomatous infiltration)
- regular inflammatory thickening of the parietal peritoneum

diagnosis
Tuberculous peritonitis
4. «Parasitic» involvement of the greater omentum

- pathologies that have migrated from another site (bowel, pelvis...)

-different origins:

- parasitic dermoid cyst of the GO

- parasitic GIST of the GO

- parasitic leiomyoma of the GO

- parasitic splenosis of the GO

-carcinomatosis nodules could fall into this category of diseases that are fed by the GO!
58 years old woman with atypical abdominal pain

X-Ray, US and CT show calcified lesions with fat component (blue arrows) disseminated in the peritoneal cavity;

Ovarian dermoid cysts in the pelvis (green arrows)

Parasitic dermoid cyst of the GO from ovarian origin
71 years old man with palpable abdominal mass

diagnosis

Unifocal GIST of the GO, which origin can be gastric or intestinal
GIST of the GO are not exceptional, Miettinen and al described 95 cases proved by surgery in 2009. 21 were not attached to the gut. In this group, unifocal lesions were pathologically identical to the gastric GIST, sharing the same prognosis (a little better than intestinal lesions). In contrast, multiple lesions were identical to the intestinal GIST (mixed with epithelioïd component and Cajal cells) with the same poor prognosis.

Unifocal omental involvements are probably gastric GIST migrated, while multifocal lesions of the GO, associated with intestinal GIST, are more probably metastases.

Determination of the origin of a unifocal GO’s GIST (and its prognosis) requires the recognition of a macroscopic continuity with the gut (imaging, surgery or pathology)
43 years old woman. No surgical history. 4 children.

Splenosis post-splenectomy for spleen traumatism 20 years before; intense and homogenous enhancement of splenosis nodules is characteristic; absence of symptom and gynecological history exclude endometriosis
36 years old woman with abdominal pain

When the spleen is missing, the diagnosis of splenosis is highly likely! ! !

Small hypervascular nodules of the GO and the mesentery, first reflex: looking at the splenic space...

When the spleen is missing, the diagnosis of splenosis is highly likely! ! !
5. ischemic, inflammatory and infectious lesions of the greater omentum

5.1 ischemic lesion of the GO

Right hemi-GO infarction
Diagnosis

Infarction of the right GO: note the important inflammatory thickening of the parietal peritoneum (green arrows).

Inflammatory response also involves the properitoneal fat and the abdominal wall (blue arrow).
42 y.o woman. Abdominal pain after bariatric surgery

Diagnosis: Appendagitis of the GO; cystic changes
Ischemic epiploic hernia: strangulation in a rectus abdominis muscles diastasis. Note the important inflammatory response of the parietal peritoneum into the hernia.
Diagnosis: Dermoïd peritonitis: 2 mature ovarian teratomas (blue arrows) including one ruptured causing acute chemical inflammatory peritonitis.

39 years old woman. Acute abdominal pain 2 days before.
Diagnosis: Gynecologic peritonitis (acute salpingitis); inflammatory edematous hypertrophy of the GO. The length of the GO in women explains its frequent involvement in gynecologic infection.
6. Primitive tumors of the greater omentum

-all mesenchymal tumor types have been reported: malignant fibrous histiocytoma, liposarcoma, leiomyosarcoma, hemangiopericytoma / solitary fibrous tumor.

-primitive mesothelioma of the GO can be a single mass; tissular or cystic but mostly disseminated.

-primitive location of the hematologic malignancies: non Hodgkin lymphoma, granulocytic sarcoma can also be a single mass but mostly are disseminated

diagnosis 52 years old man, abdominal mass
PEComa of the GO

diagnosed by immunohistochemistry: sarcomatous lesion containing epithelioid cells with smooth muscle (smooth muscle actin) and melanocytic biomarker (HBM 45, melan A)

PEComa is a proliferation of perivascular epithelial cells (periepitheloid cells=PEC) encountered in:

- sarcoma with perivascular epithelioid cells
- clear cell myomelanocytic tumor
- clear cell « sugar » tumor
- renal angiomyolipoma with clear cells and usual renal or liver angiomyolipoma
- lymphangioleiomyomatosis
20 years old woman with RLQ pain and fever

diagnosis

- Myofibroblastic tumor of the GO (inflammatory pseudotumor)

- At this age, differential diagnosis includes:
  1. Desmoplastic small round cells tumor (PNET primary neuroectodermal tumor)
  2. Hemangiopericytoma/solitary fibrous tumor
  3. Castelman disease

... non Hodgkin and Hodgkin lymphoma are not as hypervascular;

... granulocytic sarcoma in hematologic malignancies (acute myeloid leukemia M4 and M5).
7. Secondary tumoral involvement of the GO

-the ""omental cake"" is easy to identify when ascitic fluid is present; coexistence with regular or irregular thickening of the parietal peritoneum and mesenteric retraction.

-Without ascitic fluid, it is more challenging to detect peritoneal nodules. Indeed, PET CT daily reminds us that we have to carefully look at all peritoneal nodules.

Cephalic pancreatic adenocarcinoma with carcinomatosis

-in this case no relation exists between the volume of the ascite and the size of the peritoneal nodules (blocking of the cisterna chyli by the posterior extension of pancreatic cancer).

-nodules of the GO are in the supramesocolic space ! ! !
**Gastric linitis; peritoneal and hepatic pedicle dissemination; main bile duct endoprosthesis**

- Minor involvement of the greater omentum related to the important mesenteric retraction

- No macroscopic peritoneal nodules on the parietal peritoneum, despite the abundant ascitic fluid
27 years old woman, abdominal pain

diagnosis

-sometimes the appearance of omental lesions may be characteristic of an origin

- psammomatous calcifications of the GO (yellow arrows), and of the prehepatic parietal peritoneum (green arrow) are typical of a serous papillary ovarian carcinoma

-primitive bilateral lesion shows "sand-like" calcifications

Courtesy Dr Ranchoup Clinique du Mail Grenoble
7. Miscellaneous lesions of the GO

59 yo man, loss of weight, chronic diarrhea, cardiac insufficiency

Calcified nodules in the GO suggest a chronic disease: tuberculosis or amyloidosis

Diagnosis: Primitive amyloidosis
87 years old woman with acute abdominal pain and obstruction

Diagnosis

- Defect of enhancement of the small bowel's wall caused by arterial vessel’s strangulation.

- Convergence of mesenteric folds of the distended loops and their vessels to the anterior part of the RLQ ("C" disposition of the loops)

- Caecum pushed backwards and inwards, confirming the anterior location of the small bowel loops

- GO is not visible between the loops and the abdominal wall

Courtesy of Pr Delabrousse C HU Besançon - France

Strangulated transomental hernia: CT findings
E. DELABROUSSE, M. COUVREUR, O. SAGUET, B. HEYD, S. BRUNELLE, B. KASTLER
Abdominal Imaging ; 2001,26:89-88
76 years old woman with acute abdominal pain and obstruction

diagnosis

- radial disposition of the distended loops in the pelvis; no enhancement of the bowel wall (arterial vessels strangulation).
- convergence of mesenteric folds of the distended loops and their vessels to the anterior part of the abdomen
- The GO is not visible between the loops and the abdominal wall
- hole at the lower part of the GO

CT of internal hernias
TAKEYAMA N, GOKAN T, OHGIYA Y, SATOH S, I HASHIZUME, MD, HATAYA K., KUSHIRO H., NAKANISHI M., KUSANO M., MUNECHIKA H.,
7. Conclusion

-the GO is easy to identify when it’s enlarged by inflammatory, infectious, ischemic or tumoral disease

-we have to keep in mind its mobility that can cause misdiagnosis

-abnormalities of the greater omentum should always be confronted with clinical, epidemiological and pathological data to suggest a panel of realistic diagnostic hypothesis
Bibliography

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